

Recommended books

Recommended by our founder, Jenni Field:

Mindset, habits and boundaries

All it takes is a goal

Jon Acuff

Soundtracks: the surprising solution to overthinking

Jon Acuff

From Strength to Strength: finding success, happiness and deep purpose in the second half of life

Arthur C. Brooks

Atlas of the Heart: mapping meaningful connection and the language of human experience

Brené Brown

The 4 Pillar Plan: how to relax, eat, move and sleep your way to a longer, healthier life

Dr Rangan Chatterjee

Atomic Habits: tiny changes, remarkable results

James Clear

The 7 Habits of Highly Effective People

Stephen Covey

Busy: how to thrive in a world of too much

Tony Crabbe

The Art of Resilience: strategies for an unbreakable mind and body

Ross Edgley

The Fearless Organization: creating psychological safety in the workplace for learning, innovation and growth

Amy C. Edmondson

Notes on a Nervous Planet

Matt Haig

Greatness

Lewis Howes

High Performance

Jake Humphrey and Prof. Damian Hughes

Essentialism: The Disciplined Pursuit of Less

Greg McKeown

Deep Work: rules for focused success in a distracted world

Cal Newport

Chimp Paradox

Prof Steve Peters

Drive: the surprising truth about what motivates us

Daniel Pink

The High 5 Habit: take control of your life with one simple habit

Mel Robbins

Eat that Frog!

Brian Tracy

Leadership

The nine types of leader
James Ashton

One minute manager
Ken Blanchard

Dare to Lead
Brené Brown

Quiet: the power of introverts in a world that can't stop talking
Susan Cain

The Speed of Trust: The One Thing that Changes Everything
Stephen M. R. Covey

The Long-Distance Leader: rules for remarkable remote leadership
Kevin Eikenberry
and Wayne Turmel

Unleashed: The Unapologetic Leader's Guide to Empowering Everyone Around You
Frances Frei and
Anne Morriss

Talk Like TED: the 9 public speaking secrets of the world's top minds
Carmine Gallo

The Fish Rots from The Head: developing the crucial skills of the competent director
Bob Garratt

Tribes
Seth Godin

Credibility: How Leaders Gain and Lose It, Why People Demand It
James M. Kouzes and
Barry Z. Posner

Empathy: why it matters, and how to get it
Roman Krznaric

Five Dysfunctions of a Team
Patrick Lencioni

The Synergist: How to Lead Your Team to Predictable Success
Les McKeown

The power of humility
PV Ramana Murphy

Start With Why: how great leaders inspire everyone to take action
Simon Sinek

Mistakes Were Made (But Not By Me): why we justify foolish beliefs, bad decisions and hurtful acts
Carol Tavris and
Elliot Aronson

World of work

The Myths of Innovation
Scott Berkun

Z economy
Jason Dorsey and Denise
Villa PhD

Digital Body Language
Erica Dhawan

**Remote Work: redesign
processes, practices and
strategies to engage a
remote workforce**
Chris Dyer and Kim Shepherd

The Field Report
Jenni Field

**Team of Teams: new
rules of engagement
for a complex world**
General Stanley McChrystal

Remote not Distant
Gustavo Razzetti

**Neuroscience and
Organisational Change**
Hillary Scarlett

How to Win
Dr Rob Yeung

Communication and culture

**The Culture Code:
The Secrets of Highly
Successful Groups**
Daniel Coyle

**Influential Internal
Communication**
Jenni Field

**Poles Apart: why
people turn against
each other and how to
bring them together**
Alison Goldsworthy, Laura
Osborne and Alexandra
Chesterfield

**Messengers: who we
listen to, who we don't
and why**
Stephen Martin and
Joseph Marks

**The Employee
Experience**
by Tracy Maylett and
Matthew Wride

Employee experience
by Jacob morgan

Essential wisdom

**The Great Indoors:
The Surprising Science
of How Buildings Shape
Our Behavior, Health,
and Happiness**
by Emily Anthes

**What the CEO wants
you to know,**
Ram Charan

Surrounded by Idiots
Thomas Erikson

**Risk: the science
and politics of fear**
Dan Gardner

**The Tipping Point:
How Little Things Can
Make a Big Difference**
Malcolm Gladwell

**Sapiens: a brief history
of humankind**
Yuval Noah Harari

You Are Not so Smart
David McRaney

**Can't Even: How
Millennials Became the
Burnout Generation**
Anne Helen Petersen

Diversity and Inclusion

**Leading with cultural
intelligence**
David Livermore

**Me and White
Supremacy: how
to recognise your
privilege, combat
racism and change
the world**
Layla Saad

**The Power of Privilege:
how white people can
challenge racism**
June Sarpong

**Rebel Ideas: the power
of thinking differently**
Matthew Syed

Inclusion on Purpose
Ruchika Tulshyan
